



# RIGHT CHOICE COACHING

And La Shawn Wells PRESENTS....

## A Mindset Workshop...Schedule Today

Preparing your child for Success...Creating a Champions Mindset

**A** generation of adolescent boys and girls will fail to fulfil their professional potential because they are suffering from low self-esteem. One in four teens aged between 11 and 17 are weighed down by pressure to conform.

A recent study concludes that the low self-esteem will have a disastrous effect. The results have been interpreted to suggest that a lack of confidence among young people will mean thousands fail to achieve their potential and low self-esteem damages their prospects, with only one in three confident that she will have a successful career.

*Right Choice Coaching works with teens individually and in workshop settings, building self-esteem and self-confidence by helping them:*

- ◆ Identify dreams
- ◆ Create an action-plan
- ◆ Learn and set SMART goals
- ◆ Build a list of affirmations
- ◆ Vision Board to cement a champions mindset

May 25, 2017

6p—8p

@ Universal Sports Academy  
330 Ferry Street  
Martinez, CA

Register @

<https://rightchoicecoaching.lpages.co/workshop/>

[www.rightchoicecoaching.com](http://www.rightchoicecoaching.com)

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